

Easy Chinese Veggie Noodles

Ingredients

2 tbsps of vegetable oil
1 tbsp soy sauce,
1/4 tsp Chinese five spice,
1/2 tbsp honey,
1 clove of minced garlic
1 packet of egg noodles
Whatever veg you have! (Works well with cabbage, bean sprouts, red pepper, carrots and broccoli or pre-packed stir-fry veg bags)



How to

1. Cook the noodles for a little less than stated on the package instructions, drain and set aside.
3. Mix soy sauce, five spice and honey to create a sauce.
2. Heat oil in a large frying pan over medium heat. Sauté garlic until tender then mix in and stir fry vegetables.
5. Stir in sauce and noodles and enjoy!.

